

## 杭州康纯进出口贸易有限公司 HANGZHOU COMTRUE TRADING CO., LTD

## Hangzhou Comtrue- How do you keep food safe on a picnic?

Vegetables and Fruits Supplier, Bean products Distributor, Canned and Fresh foods Wholesaler or OEM Service factory-Hangzhou Comtrue Trading Co.,Ltd.

Tips to keep you food safe on a picnic

- Plan ahead: decide what to eat, how to cook it and what equipment your need. Try to
  plan just the right amount of perishable foods (meat, poultry, eggs, seafood, salads)
  to take so you won't have to worry about keeping leftovers safe.
- After estimating the amount of food that needs to be kept cold, pack perishable foods
  directly from the refrigerator or freezer into an insulated cooler with sufficient ice or
  gel packs to keep the food at 40 °F (4.4 °C). Why? Bacteria grow and multiply rapidly
  in the danger zone between 40 °F (4.4 °C) and 140 °F (60 °C). Food transported
  without an ice source or left out in the sun won't stay safe long.
- Don't put the cooler in the trunk; carry it inside the air-conditioned car. At the picnic or while hiking, keep the cooler in the shade. Keep the lid closed and avoid repeated openings. Replenish the ice if it melts.

China Frozen Vegetables distributor China Frozen Fruits wholesaler China Bean Products manufacturer China Canned Vegetables & Fruits exporter, China Fresh Vegetables Company China Quality Frozen Vegetables on sale.